

# DETAILED LIST OF REQUIREMENTS FOR GIRLS

We take great pride in our uniform and appearance and expect all students to wear their full uniform correctly at all times.

## EITHER

Black, white and red checked kilt (no shorter than 2" above the knee and are not to be rolled up)

## OR

Black regulation school trousers worn with black ankle socks

White shirt (long or short sleeve) with top button and collar

Clip-on Hall tie

Official school blazer - black with red trim and school crest

Black regulation school jumper with red trim (optional). Jumpers are to be worn untucked

Plain black opaque tights no less than 40 denier. Tights are to be worn at all times of the year with skirts, however, during half-term 6 girls may choose to wear black knee high socks as a replacement for tights.

Plain black polished shoes with no logos (no extremes including size of heel)

School bag large enough for outdoor coat

Plain, dark coloured outdoor coat

## ART & TECHNOLOGY EQUIPMENT

There is no additional uniform required for Expressive Arts lessons at KS3.

### Art

A4 sketch book, available from the school shop.

### Technology

One white apron for Food Technology.

One blue apron for Design Technology.

## SPORTS CLOTHING/

### The Essentials

Navy shorts or skort with white piping (KS3 only)

White shirt with navy piping

Navy blue hockey/football socks

White ankle socks for summer

Navy blue or black swimming costume (Y7 & Y8 only)

Swimming cap (Y7 & Y8 only)

Shin pads

Trainers

### Optional

Girls training top (full zip)

Unisex navy blue tracksuit bottoms

Girls navy leggings

Gum shield

## WATER BOTTLES

Water bottles will no longer be provided to students within lessons and at sports fixtures.

Please ensure that your child takes responsibility for bringing their own water bottle.

We strongly recommend that, along with all PE kit, these are clearly labelled with their name.



## SWIMMING

If your child needs to wear goggles, please provide a letter stating that you, as parent/carer, take full responsibility for their safety concerning the wearing of goggles during lessons.

Any student who needs to be excused from swimming must always bring normal PE kit.

### Please note

It is expected that all students will be involved in PE and staff can make necessary reasonable adjustments. However, on the rare occasion your child may need to be excused from PE, please provide a letter which states the reason why they are not taking part in the activity. It must also include a contact telephone number, the date and a parent/carer's signature. Letters will be monitored.

Excused students must still wear LHS PE kit and will undertake other roles where possible e.g. leader or official.